## dolores cannon books reading order

dolores cannon books reading order is a common query among readers interested in exploring the profound body of work by Dolores Cannon, a renowned hypnotherapist and author. Her books delve deeply into topics such as past life regression, reincarnation, metaphysics, and cosmic consciousness. Due to the extensive catalog and complex themes, understanding the recommended reading sequence can significantly enhance comprehension and appreciation. This article provides a detailed guide to the optimal reading order of Dolores Cannon's books, outlining the thematic progression and how each work builds upon the previous ones. Additionally, it highlights key book series and standalone titles, offering insights into their content and relevance. Whether you are a newcomer or an experienced reader, this guide aims to clarify the best approach to navigating Dolores Cannon's extensive literature. The following table of contents will help structure this comprehensive overview.

- Understanding Dolores Cannon's Work and Themes
- Recommended Reading Order of Dolores Cannon Books
- Dolores Cannon Book Series Overview
- Standalone Titles and Their Significance
- Tips for Maximizing the Reading Experience

## **Understanding Dolores Cannon's Work and Themes**

Dolores Cannon's work primarily revolves around hypnotherapy and metaphysical exploration, focusing on past life regression and the discovery of universal truths through trance sessions. Her books reveal insights into reincarnation, extraterrestrial life, spiritual dimensions, and the evolution of consciousness. The complexity and interrelatedness of these themes require a structured reading approach to fully grasp the depth of her revelations. Understanding the core concepts and recurring themes in her literature assists readers in following the narrative progression and philosophical development. This foundation sets the stage for exploring her books in an order that aligns with thematic evolution and conceptual clarity.

### **Core Themes in Dolores Cannon's Books**

The central themes encountered in Dolores Cannon's body of work include:

• **Past Life Regression:** Exploring previous incarnations to uncover hidden patterns and lessons.

- Metaphysics and Spirituality: Examining the nature of existence, the soul, and cosmic laws.
- Extraterrestrial Contact: Accounts of alien civilizations and their influence on humanity.
- Quantum Healing and Consciousness: Understanding energy fields and healing through awareness.
- The New Earth and Human Evolution: Insights into the future trajectory of human consciousness and planetary transformation.

## **Recommended Reading Order of Dolores Cannon Books**

Given the interconnectedness of Dolores Cannon's works, a recommended reading order enhances comprehension and thematic continuity. The sequence starts with foundational texts that introduce her hypnotherapy techniques and gradually progresses to more advanced and specialized topics. This structure allows readers to build a robust understanding of her methodologies before delving into the broader metaphysical and cosmic subjects.

- 1. **The Convoluted Universe Series:** Begin with Book 1 to explore the basics of past life regression and multidimensional realities.
- 2. **Keepers of the Garden:** Offers insights into extraterrestrial influences and the purpose of human life on Earth.
- 3. **The Three Waves of Volunteers and The Guardians:** Focuses on the spiritual awakening of humanity and volunteer souls.
- 4. The Legend of Starcrash: A narrative blending cosmic history and prophecy.
- 5. The Search for Hidden Sacred Knowledge: Explores ancient wisdom and universal laws.
- 6. **Between Death and Life:** Discusses the soul's journey beyond physical death.
- 7. **The Custodians:** Investigates intergalactic civilizations and their relationship with humans.

Following this order ensures exposure to foundational concepts before confronting more complex and speculative topics.

### **Dolores Cannon Book Series Overview**

Dolores Cannon's work is often grouped into several series, each concentrating on specific themes

or stages of spiritual exploration. Understanding these series helps readers select books aligned with their interests and desired knowledge depth.

#### The Convoluted Universe Series

This multi-volume series is arguably the cornerstone of Dolores Cannon's literature. It combines case studies from her hypnosis sessions with theoretical discussions on parallel universes, time travel, and cosmic realities. The series is progressive, with each subsequent volume expanding on the previous one's material.

#### The Three Waves of Volunteers and The Guardians

These books address the concept of volunteer souls arriving on Earth to assist in its transformation. The series provides detailed accounts of spiritual missions, collective human consciousness, and the cosmic purpose behind global awakening.

#### The Custodians Series

Focusing on extraterrestrial civilizations, this series explores the interactions between advanced beings and humanity, shedding light on galactic history and the role of custodians in Earth's evolution.

## **Standalone Titles and Their Significance**

In addition to her series, Dolores Cannon authored several standalone books, each offering unique perspectives or focusing on specific aspects of her research. These works complement the series and provide additional depth to her overall philosophy.

- **Keepers of the Garden:** Explores alien involvement in human history and the nurturing of Earth.
- Between Death and Life: Details the soul's experiences and decisions in the afterlife realm.
- The Legend of Starcrash: Combines myth, prophecy, and cosmic storytelling to elucidate universal truths.
- The Search for Hidden Sacred Knowledge: Investigates ancient mysteries and esoteric wisdom relevant to modern spiritual seekers.

These standalone books can be read independently or interspersed within the series reading order for enhanced understanding.

## Tips for Maximizing the Reading Experience

To fully benefit from Dolores Cannon's books, certain strategies can enhance comprehension and retention. Given the depth and complexity of the material, readers should approach the texts with an open mind and a willingness to contemplate profound spiritual concepts.

### **Recommended Strategies**

- **Take Notes:** Document key ideas, questions, and reflections to engage actively with the content.
- **Read Sequentially:** Follow the suggested order to build foundational knowledge before advancing to complex topics.
- **Reflect Between Readings:** Allow time to integrate and meditate on concepts before proceeding.
- **Join Discussion Groups:** Engaging with communities focused on Dolores Cannon's work can clarify interpretations and provide additional insights.
- **Revisit Difficult Sections:** Some material may require multiple readings for full understanding.

Employing these strategies ensures a richer, more meaningful exploration of Dolores Cannon's extensive and transformative literature.

## **Frequently Asked Questions**

## What is the recommended reading order for Dolores Cannon's books?

A common recommended reading order for Dolores Cannon's books is to start with the 'Convoluted Universe' series, followed by 'The Three Waves of Volunteers and the New Earth,' and then her other works such as 'Keepers of the Garden' and 'Between Death and Life.'

## Should I read Dolores Cannon's books in the order they were published?

While it's not mandatory, reading Dolores Cannon's books in the order they were published can help you follow the development of her ideas and hypnosis techniques more clearly.

## Which Dolores Cannon book should I start with if I am new to her work?

If you are new to Dolores Cannon's work, many readers recommend starting with 'The Convoluted Universe: Book One' as it introduces key concepts and her hypnotherapy method.

## Are Dolores Cannon's books standalone or do they need to be read in series order?

Some of Dolores Cannon's books are part of series, like 'The Convoluted Universe,' which should be read in order, while others are standalone and can be read independently.

## What is the best way to approach reading the 'Convoluted Universe' series by Dolores Cannon?

The best way is to read the 'Convoluted Universe' series sequentially from Book One to Book Four to understand the evolving complexity of the material.

## Can I read 'The Three Waves of Volunteers and the New Earth' before 'The Convoluted Universe' series?

Yes, 'The Three Waves of Volunteers and the New Earth' can be read before or after 'The Convoluted Universe' series, as it covers different topics related to volunteer souls and Earth changes.

## Is there a chronological order based on the topics covered in Dolores Cannon's books?

Dolores Cannon's books are organized more by theme than strict chronology. Starting with her hypnosis case studies and progressing to broader metaphysical topics is a logical approach.

## Do Dolores Cannon's later books build on the concepts from her earlier books?

Yes, many of her later books expand upon the foundational ideas introduced in her earlier works, so reading them in order can enhance understanding.

### Where can I find a complete list of Dolores Cannon's books in

### reading order?

Official Dolores Cannon websites, fan forums, and book retailers often provide suggested reading orders and complete lists of her books for new readers.

### **Additional Resources**

#### 1. The Convoluted Universe Series, Book 1

This book introduces readers to Dolores Cannon's groundbreaking work in past-life regression and quantum healing. Through detailed case studies, she explores the mysteries of parallel realities and the multidimensional nature of the soul. It sets the stage for the complex and fascinating concepts that unfold in the rest of the series.

#### 2. The Convoluted Universe Series, Book 2

Building on the foundation of the first book, this volume delves deeper into the metaphysical realms and explores topics such as time travel, extraterrestrial life, and the evolution of consciousness. Dolores shares more astonishing client experiences that challenge conventional understanding of reality.

#### 3. The Convoluted Universe Series, Book 3

In this third installment, Dolores Cannon presents even more extraordinary revelations about the nature of existence. The book covers advanced spiritual concepts, including the soul's journey through multiple dimensions and the hidden purposes behind Earth's history. It is essential reading for those interested in the deeper layers of universal truth.

#### 4. The Convoluted Universe Series, Book 4

This book continues the exploration of cosmic mysteries and the spiritual realms with a focus on the future of humanity. Dolores discusses predictions and the roles that various souls play in shaping the destiny of the planet. It also offers guidance on how individuals can align with higher vibrations.

#### 5. The Convoluted Universe Series, Book 5

The final book in the series presents some of the most profound material Dolores has ever shared. It addresses complex topics like the structure of the universe, the nature of time, and the ultimate purpose of the soul's incarnation on Earth. Readers gain a comprehensive understanding of the metaphysical universe.

#### 6. Between Death and Life: Conversations with a Spirit

In this compelling work, Dolores Cannon shares detailed accounts of her communications with a spirit guide who reveals what happens after death. The book offers comforting insights into the afterlife, reincarnation, and the soul's progression. It is a must-read for anyone curious about life beyond physical existence.

#### 7. The Three Waves of Volunteers and the New Earth

This book explores the concept of spiritual volunteers who have incarnated on Earth to help raise the planet's consciousness. Dolores explains the challenges these souls face and the transformative changes occurring on Earth. It provides hope and understanding for those feeling out of place in the current world.

#### 8. The Custodians: Beyond Abduction

Dolores Cannon investigates the phenomenon of alien abductions in this revealing book. She

presents case studies that depict extraterrestrials not as threats but as custodians guiding humanity's evolution. The book challenges popular beliefs and offers a new perspective on humanalien interactions.

#### 9. Keepers of the Garden

This book discusses the origins of humanity and the role of various cosmic beings in Earth's creation. Dolores shares information from her sessions that suggest a grand design behind life on the planet. It encourages readers to see themselves as part of a larger universal plan.

### **Dolores Cannon Books Reading Order**

### **Related Articles**

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# Dolores Cannon Books: The Ultimate Reading Order for Exploring Quantum Healing and Past Lives

#### Introduction:

Are you fascinated by the mysteries of the subconscious mind, past lives, and the vast potential of human consciousness? Dolores Cannon, a renowned hypnotherapist, unlocked incredible insights into these realms through her unique Quantum Healing Hypnosis Technique (QHHT). Her prolific work has captivated readers for decades, leaving many wondering: what's the best way to dive into her extensive catalog? This comprehensive guide provides the ultimate Dolores Cannon books reading order, ensuring you embark on a rewarding journey of self-discovery and expanded awareness. We'll not only detail the ideal sequence but also delve into the unique contributions of each book, helping you navigate this fascinating body of work with ease and understanding.

Understanding Dolores Cannon's QHHT and its Literary Manifestation:

Before diving into the reading order, it's crucial to understand the foundation: QHHT. This technique allows individuals to access their subconscious mind, bypassing the conscious limitations that often hinder genuine self-exploration. Cannon's books aren't just narratives; they're compilations of QHHT sessions, offering a rich tapestry of experiences, insights into past lives, encounters with extraterrestrial beings, and profound explorations of the soul's journey. The consistent thread across her books is the extraordinary potential of the human mind and its connection to a reality far beyond our conventional understanding.

The Optimal Dolores Cannon Books Reading Order:

While there's no single "right" way to read Dolores Cannon's books, a strategic approach enhances understanding and appreciation. The following order prioritizes a gradual introduction to QHHT concepts and progresses to more complex and advanced themes:

- 1. `The Convoluted Universe I`: This serves as the perfect entry point. It introduces the core principles of QHHT and provides compelling case studies demonstrating the technique's effectiveness. It lays the groundwork for understanding the subsequent books' more advanced concepts.
- 2. `The Convoluted Universe II`: Building on the foundation established in the first book, this volume delves deeper into the intricate workings of the subconscious, expanding on the concepts of past lives, soul groups, and the nature of reality itself. It showcases even more remarkable QHHT sessions, further solidifying the technique's capabilities.
- 3. `The Convoluted Universe III`: This installment explores even more advanced concepts like the higher self, soul fragments, and the interconnectedness of all consciousness. It often features sessions with individuals who have encountered extraterrestrial beings and experienced profound spiritual awakenings.
- 4. `The Three Waves of Volunteers and the New Earth`: While not strictly a continuation of the "Convoluted Universe" series, this book offers valuable context. It explains the significance of the current period of transformation on Earth, detailing the role of 'volunteers' from other realms who have incarnated to assist humanity's evolution.
- 5. `Keepers of the Light: A Guide to the New Age`: This book shifts focus to spiritual growth and offers practical advice on cultivating inner peace and higher consciousness. It's a valuable companion to understanding the profound shifts described in "Three Waves of Volunteers."
- 6. `Soul Stories Through Time`: This book showcases more case studies focusing on past lives and how understanding them can unlock healing and self-knowledge. It provides concrete examples of how QHHT can impact daily life.
- 7. `A Soul's Purpose`: This book delves into the concept of soul purpose and how understanding one's unique path can lead to a fulfilling life. It blends theoretical insights with real-life experiences shared through QHHT sessions.
- 8. `Legacy From the Stars`: This volume introduces the concept of extraterrestrial influence on human history and evolution, highlighting experiences of individuals who have encountered beings from other planets during QHHT sessions. It explores the deeper implications of this interaction.
- 9. `Between Two Worlds`: This later work explores the transition between life and death, offering insightful perspectives on what happens after the physical body expires, based on numerous QHHT sessions.

Sample Book Outline: `The Convoluted Universe I`

Introduction: Overview of QHHT and Dolores Cannon's background. Chapter 1-5 (Example): Case studies illustrating various aspects of QHHT, including past lives, spiritual awakenings, and subconscious beliefs. Each chapter focuses on a different subject and individual experience.

Conclusion: Recap of key concepts and implications of the information revealed through the QHHT sessions.

(Note: This outline is a representation. The actual chapter count and content may vary across different books.)

Detailed Explanation of the Reading Order Rationale:

The suggested order is designed for optimal understanding. Beginning with The Convoluted Universe I provides a solid introduction to QHHT's methodology and basic concepts. Subsequent books build upon this foundation, progressively introducing more advanced and intricate ideas. This structured approach prevents readers from becoming overwhelmed by complex information early on, ensuring a smoother and more insightful journey. The inclusion of Keepers of the Light and A Soul's Purpose provides a bridge between the more scientific exploration of QHHT and practical applications for personal growth and spiritual development.

Frequently Asked Questions (FAQs):

- 1. Are Dolores Cannon's books suitable for beginners? Yes, particularly starting with The Convoluted Universe I.
- 2. Do I need any prior knowledge of hypnosis to understand the books? No, the books clearly explain the process and the results of the QHHT sessions.
- 3. Are the stories in the books factual? The books present accounts from QHHT sessions, interpreted by Dolores Cannon. Their accuracy remains a matter of individual interpretation.
- 4. Can QHHT help with personal issues? Many readers find the insights gained from QHHT helpful in personal growth and healing.
- 5. Are the books scientifically proven? While not scientifically proven in the conventional sense, the consistent patterns and themes across numerous sessions are noteworthy.
- 6. Is there a specific order I must follow? No, but the suggested order facilitates a gradual and logical progression of understanding.
- 7. Are the books difficult to read? The language is generally accessible, though the concepts can be thought-provoking and require reflection.
- 8. Can I just read one book and understand the core concepts? While possible, reading multiple books offers a deeper and more comprehensive understanding of QHHT and its implications.
- 9. Where can I find Dolores Cannon's books? They are widely available online and in bookstores.

#### **Related Articles:**

- 1. QHHT: A Deep Dive into Quantum Healing Hypnosis Technique: A detailed explanation of the technique itself.
- 2. Past Life Regression: Understanding Your Past Lives: Exploring the concept of past lives and their

influence.

- 3. The Power of the Subconscious Mind: Understanding the capabilities of the subconscious mind.
- 4. Spiritual Awakening: A Journey of Self-Discovery: Exploring the concepts of spiritual awakening and enlightenment.
- 5. Extraterrestrial Encounters: Exploring the Phenomenon of UFOs and ETs: Examining the possibility of extraterrestrial life and contact.
- 6. Soul Groups and Soul Mates: Understanding Karmic Connections: Delving into the dynamics of soul groups and relationships.
- 7. How to Find Your Soul Purpose: Guidance on identifying and pursuing one's life purpose.
- 8. The Nature of Reality: Exploring Beyond the Physical World: A philosophical examination of reality's true nature.
- 9. Death and the Afterlife: Exploring Near-Death Experiences and Spiritual Beliefs: Examining perspectives on what happens after death.

This comprehensive guide should provide a solid framework for your exploration of Dolores Cannon's remarkable work. Remember to approach the readings with an open mind and a willingness to explore the vast potential of human consciousness.

dolores cannon books reading order: <u>Keepers of the Garden</u> Dolores Cannon, 1993 Dolores Cannon uses information obtained from regressive hypnosis to formulate a provocative viewpoint on the ancient astronaut theory of human origins. Her findings indicate that the earth was seeded eons ago by travellers from outer space. These visits by ancient extraterrestrials did not end with their intervention in human evolution. They have continued up to the present day resulting in a whole class of contemporary humans who have been subject to alien abduction.

**dolores cannon books reading order: The Convoluted Universe: Book 3** Dolores Cannon, 2008 This sequel to The Convoluted Universe - Book Two provides metaphysical information obtained through numerous subjects by hypnotic past-life regression.

dolores cannon books reading order: Between Death and Life Dolores Cannon, 1993 Dolores has accumulated information about the Death experience and what lies beyond through 16 years of hypnotic research and past-life therapy. While retrieving past-life experiences, hundreds of subjects reported the same memories when experiencing their death, the spirit realm, and their rebirth. This book also explores: \* Guides and guardian angels\* Ghosts and poltergeists\* Planning your present lifetime and karmic relationships before your birth\* The significance of bad lifetimes\* Perceptions of God and the Devil\* And much more

**dolores cannon books reading order: Convoluted Universe Book 5** Dolores Cannon, 2015-11-01 This is the fifth book in the revolutionary Convoluted Universe series that begun in 2001.

dolores cannon books reading order: Five Lives Remembered Dolores Cannon, 2009 THE BEGINNING What do you do when you discover information that is before its time? What do you do when your curiosity takes you on an adventure that is so bizarre that there is nothing normal to relate to? This is what happened to Dolores Cannon in 1968, long before she began her career as a past-life hypnotherapist and regressionist. Travel back with us to that time when the words reincarnation, past-lives, regression, walk-ins, New Age were unknown to the general population. This is the story of two normal people, who accidentally stumbled across past-lives while working with a doctor to help a patient relax. It began so innocently, yet it crossed the boundaries of the imagination to open up an entirely new way of thinking at a time when such a thing was unheard of. It went totally against the belief systems of the time. It was so startling that they should have stopped, but their curiosity demanded that they continue to explore the unorthodox. The experiment changed the participants and everyone involved, and their beliefs would never be the same. Dolores Cannon is now a world-renowned hypnotherapist who has explored thousands of cases in the forty

years since 1968, and has written fifteen books about her discoveries. Her books are translated into more than 20 languages. She is teaching her unique form of hypnosis all over the world. When she lectures people ask, How did you get started on all of this? This is the story of her beginnings. The book was written in 1980, her very first book. It has laid dormant, gathering dust, until now, waiting. Now is the time for it to come forth. Enjoy the adventure!

dolores cannon books reading order: The Legend of Starcrash Dolores Cannon, 1994 Through regressive hypnosis a lost legend of the history of mankind has been retrieved from the recesses of time. Did the American Indians descend from the inhabitants of an alien spacecraft that crashed in the Alaska-Canada region thousands of years ago? Starcrash indicates that aliens continued to come to Earth, some intentionally and by accident, throughout our history. In order to adjust to harsh conditions they were forced to interbreed with the local aborigines. This was the only way to insure the survival of their race. Does their blood still flow in the veins of certain American Indian tribes?

dolores cannon books reading order: Legacy from the Stars Dolores Cannon, 1996 We are children of the stars. This is our legacy and our heritage. In the history of the cosmos, Earth is a young planet. Our souls, on the other hand, have been around forever and will continue to be around forever. Thus Earth is not our only home. We have lived many lives in unusual environments before deciding to journey here and learn the lessons of Earth. After our schooling is completed on this planet, we will journey onward to discover new worlds to explore. The memories of these soul journeys are recorded in our subconscious, and in Legacy from the Stars hynotherapist Dolores Cannon shows that they can be retrieved through regressive hypnosis. She reports dramatic cases where the subjects relived other lifetimes in strange environments -- inhabitants of other planets. After reading her latest book, you may agree that we are all extraterrestrials, and Earth is merely a stop-over in our long adventure.

dolores cannon books reading order: Soul Speak - The Language of Your Body Julia Cannon, 2013-08-01 In this book you will discover what the messages from the different body systems mean and how you can heal any situation by understanding the message that is being delivered and acting appropriately on that message. This is a secret language that is now being revealed. It is no longer a mystery. Discover for yourself what YOU are trying to say to YOURSELF.

dolores cannon books reading order: *The Convoluted Universe: Book 4* Dolores Cannon, 2011-01-01 This is the fourth volume in the series in the wildly successful Convoluted Universe series. Premier hypnotherapist, and psychic researcher Dolores Cannon does it again. Using deep hypnosis and past life regression techniques, she presents mind-blowing theories and concepts originating from other dimensions. In this amazing book, is more information about the spirit side - where we go after we die. Plus new information on the life reviews and preparing contracts and your life plan of what you hope to accomplish on your return to Earth. Cannon uncovers forgotten ancient knowledge that secret mystery schools and ancient civilizations used and is being brought back now. Ancient mysteries such as: Atlantis, Lemuria, the original Stonehenge, and the creation of life on Earth are explored.

**dolores cannon books reading order:** *Jesus and the Essenes* Dolores Cannon, 1999-12 Originally published: Huntsville, Ark.: D. Cannon, c1985.

dolores cannon books reading order: The Three Waves of Volunteers & the New Earth Dolores Cannon, In 1945 when the atomic bombs were dropped in WWII, our protectors and watchers in outer space saw that Earth was on a collision course with disaster. The prime directive of non-interference prevented them from taking any action, but then they came up with a brilliant plan to save Earth and assist her in her ascension. They couldn't interfere from the outside, but maybe they could influence from the inside. So the call went out for volunteers to come and help. Earth is in trouble - who wants to volunteer? The native souls living on Earth were too caught up on the wheel of karma. The only hope was to ask for pure souls to come who had never been trapped on the karmic cycle. Dolores in her hypnosis work has discovered three waves of these volunteers. Some have come direct from the Source and have never lived in any type of physical body before.

Others have lived as space beings on other planets or other dimensions. Because all memory is erased upon entry to the Earth dimension, they do not remember their assignment. Thus these beautiful souls have a difficult time adjusting to our chaotic world. These souls have a vital role to play as they help all of the rest of us ascend to the New Earth. \* Characteristics of the Three Waves of Volunteers \* The Difficulties being Experienced by First-Timers \* How the Shift is affecting the Physical Body \* The Roles of ETs and Light Beings in the Shift \* Keepers of the Grid \* The Separation of the Old and New Earth \* What is the New Earth? \* What is the Significance of 2012?

dolores cannon books reading order: They Walked with Jesus Dolores Cannon, 2011-05-30 Sequel to Jesus and the Essenes. The past-life memories of two women capture a true and compelling portrait of Jesus the man, from the healing miracles he performed to the gentle philosophy he preached. This is an INSIDER view, direct from Jesus' time, deep in feeling tones and profound in implications, giving a sense of how things truly were. This book includes drawings of the Temple and Old Jerusalem, and includes scenes at the Temple in Jerusalem, visits to homes and leper colonies, political intrigues leading to the crucifixion, and also the personal feelings of those who met him. The realism of this information is astounding.

dolores cannon books reading order: The Custodians Dolores Cannon, 1998 UFO sightings and abductions by aliens were the beginning, the tip of the iceberg. Dolore Cannon's work in Hypnosis has taken the study beyond abduction. Dolores traces the phenomenon from the simple to the complex. Exploring areas untouched by other investigators, she makes the unbelievable become acceptable and understandable!

dolores cannon books reading order: A Soul Remembers Hiroshima Dolores Cannon, 2020-03 A case of reincarnation, where a Young American girl relives the life and death of a Japanese man through regressive hypnosis.

dolores cannon books reading order: Halfway Up The Mountain Mariana Caplan, 2014-03-04 Caplan (TO TOUCH IS TO LIVE) asserts that the reality of the present condition of contemporary spirituality in the West is one of grave distortion, confusion, fraud, and a fundamental lack of education. She claims that, as positive as the tremendous rise in spirituality is, there is not any context for determining whether any particular teaching, or teacher, is truly enlightening. Caplan compiles interviews with such noted spiritual masters as Joan Halifax, Llewellyn Vaughan-Lee and Rabbi Zalman Schachter-Shalomi on the nature of enlightenment. In the first section, Caplan examines the motivations people have for seeking enlightenment and contends that very often they seek this state as a means of gratifying the ego. This presumption of enlightenment, she says, often afflicts teachers masquerading as spiritual leaders. These teachers sometimes look down on their students and gloat over how far they have come and how far the students have to go. A second section focuses on The Dangers of Mystical Experience, in which Caplan claims that many seekers mistake the mystical experience itself for enlightenment; she and the teachers she interviews all assert that enlightenment always involves gaining some knowledge about self and others. The third section, Corruption and Consequence, focuses on the nature of power and corruption; the fourth section, Navigating the Mine Field: Preventing Dangers on the Path, provides a survey of the ways in which practitioners can avoid the pitfalls of false enlightenment. A final section, Disillusionment, Humility and the Beginning of Spiritual Life, concludes that the Real spiritual life [is] the life of total annihilation and the return to just what is. Caplan's illuminating book calls into question the motives of the spiritual snake handlers of the modern age and urges seekers to pay the price of traveling the hard road to true enlightenment.

**dolores cannon books reading order:** A Very Special Friend Dolores Cannon, 2022-03 This is a story of a young girl who was moved from where she grew up, to a new place in the country where she knew no one. Here she encounters a very special friend to help her adapt.

**dolores cannon books reading order:** *Flora and the Flamingo* Molly Idle, 2014-10-28 A 2014 Caldecott Honor Book In this innovative wordless picture book with interactive flaps, Flora and her graceful flamingo friend explore the trials and joys of friendship through an elaborate synchronized dance. With a twist, a turn, and even a flop, these unlikely friends learn at last how to dance

together in perfect harmony. Full of humor and heart, this stunning performance (and splashy ending!) will have readers clapping for more! Double tap the flaps to open and close them, swipe the corners of the book to turn from page to page, and activate the soundtrack to listen to the music while you read your new ebook!

dolores cannon books reading order: 2012 Hunt Henion, Dolores Cannon, Colin Whitby, 2011-01-11 This book summarizes THE BEST insights of thirty-seven of the world's most authoritative sources. It provides readers with a vast cross-section of information and perspectives on this initiation into a divinely ordained, new beginning for our world! The authors of this prophetic anthology explain what's happening around us today and what ascension is all about. Each chapter adds dimension, reassurance and excitement about this exciting transition.

dolores cannon books reading order: Conversations with Nostradamus: Volume 2 Dolores Cannon, 1990-01-01 Originally printed in 1989 each edition has added updates of events predicted by Nostradamus that have occurred since the last edition. For this newest edition regressionist and psychic researcher Dolores Cannon has written an extensive addendum that covers evidence of the fulfilment of the prophecies predicted by Nostradamus. Secret weapons computers the World Wide Web and the New Science of Nano-technology are included among the new topics covered. Nostradamus broke through to our time period by a one-in-a-million chance contact through hypnosis. In this series the master himself explains the puzzles he carefully concealed in code within his famous quatrains or prophecies. Contains 136 quatrains.

dolores cannon books reading order: The New Sirian Revelations Patricia Cori, 2023-12-05 Teachings from the Sirian High Council to help humanity as we merge into the 4th dimension • Shares empowering insights and revelations from six-dimensional Sirian Light Emissaries to help us understand the darkness and focus on light for all humanity and the earth • Explains what we are undergoing right now around the globe, including the rush to merge the human mind with artificial intelligence, ET disclosure, and the dark forces that are losing their grip on our planet and humanity • Offers Sirian guidance for surviving our imminent collective ascension and awakening en masse to new levels of conscious awareness In 1996, while visiting the Julia Set crop circle in England, Patricia Cori experienced a galactic out-of-body journey—a transformational awakening that attuned her to a group of interdimensional light beings known to her as the Sirian High Council. Serving as their scribe now for more than 25 years, she shares the insights and teachings of these six-dimensional Sirian Light Emissaries to help humanity as we merge into the fourth dimension and face our collective karma—the source of so much of the dramatic events now unfolding around the world. Sharing new revelations that affirm the veracity of past prophecies as well as transmitting new visions for the human race, Cori's messages from higher realms empower readers to peer fearlessly into the darkness, to understand it, and to focus on the light for all humankind and the earth. She explains how the Sirians hold us to our responsibility as quardians of this planet, with sound direction and advice for how to survive our imminent collective ascension and global awakening to new levels of conscious awareness. The Sirians' discussions explain what we are undergoing right now and delve into many of the most crucial issues of our time, including the rush to merge the human mind with artificial intelligence, ET disclosure, cloning, the slipping of time, and the dark forces that are losing their grip on our planet and humanity. As the struggle between darkness and light is being fought at every level, Cori reminds us to take comfort in the fact that the Sirian High Council foresaw and told us how this time of immense upheaval would be the last phase of our passage out of the darkness and into illuminated states of consciousness and the light of planetary renewal.

dolores cannon books reading order: Odyssey of the Soul, a Trilogy Pamela Chilton, Hugh Harmon, Light, 1997 First in a trilogy, Book One presents extraordinary information gathered from the inner consciousness levels of the minds, bodies, and spirits of thousands of ordinary people. Knowledge gathered by the authors in their healing, motivational, and channeling work with and for others opens the mind and excites the spirit to the inherent abilities of the soul. Written simply, even complex subjects such as healing, hypnosis, re-incarnation, channeling, therapy, spirit possession,

multiple personalities, inner children, astral matter, metaphysics, the soul, and Higher Self become clear and understandable. Personal stories add light, humor, motivation, and a sense all is possible and knowable. Presents a lighted path to self-mastery for the enlightenment of self and others, while succinctly outlining why the past is important to this path. Explains the dynamics of trauma, including childhood abuse, and how the mind stores, as well as buries, trauma. Explains why memories - whether false or real - are important to healing and achieving personal and professional goals. Delineates the levels of the mind and spirit in a way that is meaningful to every day reality. Lures and keeps the interest of both beginners and experts in metaphysical studies, even as it brings forward information that enhances both mainstream and alternative healing. Miracles are explained, as well as why medications, surgery, prayer, guided imagery, visualizations, affirmations, hypnosis, herbs, and other healing aids sometimes do not work and what needs to be done so they will. It is a book written by experts who explain why no expert knows more about a person's mind, body, or spirit than that person's own mind, body, and spirit. Explains how such information can be accessed both in and out of trance states. Channeling is introduced in a manner that eliminates fear, dread, and foolhardiness. Parts of the book and all of chapter eight are written by LIGHT, which says it is The Light, the creator energy of The Creator of All That Is. Light outlines a plan for healing the earth, balancing nature, and enlightening humans. The plan is powerful and perfect for people of all religions and no religion. So ingenious is this plan, so simple, so positively focused, it could only have been written by a consciousness of light leading to the thought that if a consciousness of light does not lie, this must, indeed, be The Creator Light. Just knowing such a consciousness is present and active in the world lessens the rampart fear presently escalating naturally occurring earth changes. Most importantly, this book, as it makes clear how the mind creates, makes clear how prophecy works. It becomes understood prophecy is not for the ego of the prophet; it is for the good of the people. If one does not like a prophecy, one has the ability and the right to positively shift the mental focus and physical actions in the present, which alters the future, thus nullifying the prophecy. Being created in the image of the Creator means we are spirit with will and the ability to choose what we will. A great prophet does not care about being right. A great prophet cares about doing right. Doing right is to warn and when the warning is heeded, the great prophet rejoices, knowing the prophecy will be rendered untrue. Book One explains how the mind truly works so the soul of one and the souls of many may alter the future to bringgreater good and joy.

dolores cannon books reading order: <u>Conversations With A Spirit</u> Dolores Cannon, 2000 Dolores Cannon has accumulated information about the death experience and what lies beyond, through 16 years of hypnotic research and past-life therapy. While revealing these experiences hundreds of subjects reported the same memories when experiencing their death, the spirit realm and their rebirth. Recorded and dictated word for word, the subjects reveal enlightening wisdom that is hidden in the subconscious of all humankind.

dolores cannon books reading order: In Defense of Women Henry Louis Mencken, 1922 dolores cannon books reading order: A Thousand Mornings Mary Oliver, 2012-10-11 The New York Times-bestselling collection of poems from celebrated poet Mary Oliver In A Thousand Mornings, Mary Oliver returns to the imagery that has come to define her life's work, transporting us to the marshland and coastline of her beloved home, Provincetown, Massachusetts. Whether studying the leaves of a tree or mourning her treasured dog Percy, Oliver is open to the teachings contained in the smallest of moments and explores with startling clarity, humor, and kindness the mysteries of our daily experience.

dolores cannon books reading order: Sekret Machines: Gods Tom DeLonge, 2021-09-14 An exceptional examination that "plays the role of an intellectual Indiana Jones, expertly guiding readers through crumbling, vine-laden Mayan temples; the stunning iconography of ancient Egypt and the esoteric creation myths of antediluvian India, Africa and China." Written by Open Mind's 2017 UFO Researcher of the Year and critically acclaimed producer Tom DeLonge, with renowned researcher Peter Levenda. Sekret Machines: GODS will take you on an eye-opening journey that transcends speculation and is based on unprecedented access to officials at the highest levels of

government, military and industrial agencies who have provided insights and assistance never before experienced by any researchers in this controversial field. GODS takes us beyond speculation to certain knowledge of what exactly lies at the heart of the most important Phenomenon ever to confront human understanding. Now in trade paperback, the first volume in Gods, Man & War, GODS introduces the reader to some of the critical issues that are foundational to an intelligent and enlightened grasp of the revelations that will follow in the next two volumes. There is another Force in the universe of our Reality, another context for comprehending what has been going on for millennia and especially in the last seventy years. Sekret Machines is the result of input from scientists, engineers, intelligence officers, and military officials -- a group we call the Advisors -- and transcends the speculation of journalists, historians and others whose conclusions are often either misinformed or only tease around the edges of the Sekret Machines. The reader will not discover wild theories or unfounded claims, but instead will confront a solid -- if often unsettling -- reality, one that demands the collaboration of all of us in every field of human endeavor if we are to understand it and manage its effects. If nothing else, readers will come to the conclusion that the Phenomenon is not what they think it is. It is, in fact, much more serious and potentially much more threatening than they can imagine. Sekret Machines: GODS is volume one of the companion investigation series to the bestselling fiction thriller Sekret Machines: Chasing Shadows by DeLonge and NYTimes bestselling author AJ Hartley. The whole is truly greater than the sum of its parts. Read together, the thriller series and the investigation series show what cannot be revealed with one approach alone.

dolores cannon books reading order: Sekret Machines: Gods Tom DeLonge, Peter Levenda, 2017-03-07 An exceptional examination from award-winning author and producer Tom DeLonge with renowned research author Peter Levenda, Sekret Machines: GODS will take you on an eye-opening journey that transcends speculation and is based on unprecedented access to officials at the highest levels of government, military and industrial agencies who have provided insights and assistance never before experienced by any researchers in this controversial field. GODS takes us beyond speculation to certain knowledge of what exactly lies at the heart of the most important Phenomenon ever to confront human understanding. This first volume introduces the reader to some of the critical issues that are foundational to an intelligent and enlightened grasp of the revelations that will follow in the next two volumes. There is another Force in the universe of our Reality, another context for comprehending what has been going on for millennia and especially in the last seventy years. Sekret Machines is the result of input from scientists, engineers, intelligence officers, and military officials -- a group we call the Advisors -- and transcends the speculation of journalists, historians and others whose conclusions are often either misinformed or only tease around the edges of the Sekret Machines. The reader will not discover wild theories or unfounded claims, but instead will confront a solid -- if often unsettling -- reality, one that demands the collaboration of all of us in every field of human endeavor if we are to understand it and manage its effects. If nothing else, readers will come to the conclusion that the Phenomenon is not what they think it is. It is, in fact, much more serious and potentially much more threatening than they can imagine. Sekret Machines: GODS is volume one of the companion investigation series to the bestselling thriller Sekret Machines: Chasing Shadows by DeLonge and NYTimes bestselling author AJ Hartley. The whole is truly greater than the sum of its parts. Read together, the thriller series and the investigation series show what cannot be revealed with one approach alone.

**dolores cannon books reading order:** *Journey of Souls* Michael Newton, 2002-09 When reincarnating, do we have a short spell in a disembodied phase? Hypnosis reveals what goes on.

dolores cannon books reading order: Intimate Relationships Sharon S. Brehm, 1985 dolores cannon books reading order: The Explorer Race Robert Shapiro, 2012-05-21 You individuals reading this are truly a result of the genetic experiment on Earth. You are beings who uphold the principles of the Explorer Race. The information in this book is designed to show you who you are and give you an evolutionary understanding of your past that will help you now. The key to empowerment in these days is not to know everything about your past, but to know that which will help you now. Your souls have been here for a while on Earth and have been trained in Earthlike

conditions. This education has been designed so that you would have the ability to explore all levels of responsibility -- results, effects and consequences -- and take on more responsibilities. Your number-one function right now is your status of Creator apprentice, which you have achieved through years and lifetimes of sweat. You are constantly being given responsibilities by the Creator that would normally be things that Creator would do. The responsibility and the destiny of the Explorer Race is not only to explore, but to create. --Zoosh

dolores cannon books reading order: Simple Self-Healing Émile Coué, 2017 Simple Self-Healing That Works... The Wordsworth of healing. - Ella Boyce Kirk, author of My Pilgrimage to Coué He succeeds in a simple way of stripping disease of its dignity. - George Draper, Literary Digest French psychologist Émile Coué was one of the more underappreciated geniuses of 20th century medicine. Almost a hundred years ago, Coué's popular self-healing method - which he called autosuggestion - helped cure thousands of people annually. Today, however, few people have ever even heard of him. This book introduces you to Coué's overlooked formula, and will surprise you in the process. If you grasp the simplicity of autosuggestion, you'll be able to use this wonderful tool as you wish - and it should help make your life better and better. Get your copy now.

dolores cannon books reading order: The Sleeping Abductees Ashayana Deane, 2001-10 This volume offers clear, accurate, directly transmitted information from the Guardian Alliance regarding human origins, extraterrestrial visitation, the Zeta agenda, Keylontic Science, and Earth's future. It provides the background to understand the true nature of reality and the serious risks that Earth faces at this moment.

**dolores cannon books reading order: Passport to Magonia** Jacques Vallee, 2014-11-23 Jacques Vallee, a mathematician and astronomer, discusses and explores many of the most interesting reports of UFO sightings from 1868-1968.

dolores cannon books reading order: Die to Love Unmani Hyde, 2011-06-16 This is book is for those who have been genuinely searching and longing for 'awakening' or 'the truth'. Die to Love directly points the reader to the end of the spiritual search once and for all. 'I am not trying to help you. If you read this book I will simply destroy you. And who am I? I am you. I am Life itself.' Die to Love explores the desperate longing for love and surrender that so many people feel. But are we willing to lose everything that is familiar and safe in order to know that love that we long for? Are we willing to die for love? This is the death, not of the body, but of the identity called 'me'. Unmani looks at what it is to fall in love and how in moments of intimacy there is no separation. Two merge and become one. Two separate individuals know that they can never be separate. There are also chapters on relationships and the madness of love as well as unconditional and conditional love, and what compassion really is.

**dolores cannon books reading order: The Hermetica** Timothy Freke, Peter Gandy, 2022-07-12 This introduction to the core concepts of mystical philosophies attributed to the god Hermes Trismegistus is an essential resource for readers seeking to better understand the Western spiritual world's roots in Greek and Egyptian thought.

dolores cannon books reading order: Bringers of the Dawn Barbara Marciniak, 1992-12-01 Compiled from more than four hundred hours of channeling by Barbara Marciniak, Bringers of the Dawn imparts to us the wisdom of the Pleiadians, a group of enlightened beings who have come to Earth to help us discover how to reach a new stage of evolution. Master storytellers and humorists, they advise us to become media free, to work in teams, and to eliminate the words should and try from our vocabularies. We learn how to go beyond fear, how the original human was a magnificent being with twelve strands of DNA and twelve chakra centers, and who our gods are. Startling, intense, intelligent, and controversial, these teachings offer essential reading for anyone questioning their existence on this planet and the direction of our collective conscious--and unconscious. By remembering that we are Family of Light, that we share an ancient ancestry with the universe around us, we become bringers of the dawn, consciously creating a new reality, a new Earth.

**dolores cannon books reading order:** *The Eden Project* James Hollis, 1998 James Hollis examines society's fixed views and fantasies in regards to relationships. This text is not a practical

guide on how to fix a relationship, but rather a challenge to greater personal responsibility, a call for individual growth as opposed to seeking rescue through others.

dolores cannon books reading order: The Starseed Transmissions Ken Carey, 2011-08-16 Get a glimpse of our possible human future in what is "perhaps the finest example of intuitive knowledge I have ever encountered" (Jean Houston, author of A Passion for the Possible). This is the pathbreaking first book in the Starseed series that concludes with The Third Millennium—the book that Marianne Williamson calls "a kind of millennial Bible." A modern classic of intuitive knowledge, The Starseed Transmissions offers a startling new view of human evolution. "An essential part of many New Age libraries." —Toledo Blade

**dolores cannon books reading order:** Many Miles Mary Oliver, 2010-04 Presents forty-one of the author's favorite poems, including a variety of short poems, poems about her bichon Percy, and such classics as Doesn't Every Poet Write a Poem about Unrequited Love? and The Dipper.

dolores cannon books reading order: Voyagers Anna Hayes, Ashayana Deane, 1999 dolores cannon books reading order: <u>Valley Of The Dolls Jacqueline Susann</u>, 2025-01-23

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